## Exercises that may be used in Novice, Advanced, and Excellent Classes



|  | 13. Call Front - Finish Right - Forward. While heeling, the handler stops forward motion and calls the dog to the front position (dog sits in front and faces the handler). The handler may take several steps backward as the dog turns and moves to sit in the front position. The second part of the exercise directs the handler to move forward while commanding the dog to change from the front position to the handler's right, around behind the handler and to heel position, as the handler continues forward. The dog does not sit before moving forward in heel position with the handler. (Stationary exercise) |
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|  | 14. Call Front - Finish Left - Forward. While heeling, the handler stops forward motion and calls the dog to the front position (dog sits in front and faces the handler). The handler may take several steps backward as the dog turns and moves to sit in the front position. The second part of the exercise directs the handler to move forward while commanding the dog to change from the front position to the handler's left and moving to heel position, as the handler continues forward. The dog does not sit before moving forward in heel position with the handler. (Stationary exercise) |
| $\begin{aligned} & \text { Finish } \\ & \text { ht Halt } \end{aligned}$ | 15. Call Front - Finish Right - HALT. While heeling, the handler stops forward motion and calls the dog to the front position (dog sits in front and faces the handler). The handler may take several steps backward as the dog turns and moves to sit in the front position. The second part is the finish to the right, where the dog must return to heel position by moving around the right side of the handler. Dog must sit in heel position before moving forward with the handler. (Stationary exercise) |
|  | 16. Call Front - Finish Left - HALT. While heeling, the handler stops forward motion and calls the dog to the front position (dog sits in front and faces the handler). The handler may take several steps backward as the dog turns and moves to a sit in the front position. The second part is the finish to the left, where the dog must move to the handler's left and sit in heel position. Dog must sit in heel position before moving forward in heel position with the handler. (Stationary exercise) |
| $\begin{array}{\|l\|l\|} \text { siom } \\ \text { Paco } \end{array}$ | 17. * Slow Pace. Dog and handler must slow down noticeably. This must be followed by a normal pace, unless it is the last station in the class. |
| $\begin{aligned} & \text { Fast } \\ & \text { Pase } \end{aligned}$ | 18. * Fast Pace. Dog and handler must speed up noticeably. This must be followed by a normal pace, unless it is the last station in the class. |
| , mal | 19. * Normal Pace. Dog and handler must move forward, walking briskly and naturally. |
|  | 20. Moving Side Step Right. While heeling, the handler takes one step diagonally to the right and continues moving forward along the newly established line. The dog maintains heel position. The exercise may be performed just past the exercise sign. |


| 21. Spiral Right - Dog Outside. This exercise requires three pylons or posts |
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| placed in a straight line with spaces between them of approximately 6 - 8 |
| feet. Spiral Right indicates the handler must turn to the right when moving |
| around each pylon or post. This places the dog on the outside of the turns |
| (See 1A and 1B). The exercise sign is placed near or on the first pylon or |
| post where the spiral is started. |


| 27. Moving Down. While moving with the dog in heel position, the handler |
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| commands the dog to drop to a down position, as the handler pauses next |
| to the dog. Once the dog is completely in the down position, the handler |
| moves forward commanding the dog to heel from the down position. |
| (Stationary exercise) |

## Exercises that may be used in Advanced and Excellent Classes only

|  | 32. HALT - About Turn Right - Forward. With the dog sitting in heel position, the team turns $180^{\circ}$ to the right and immediately moves forward. (Stationary exercise) |
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|  | 33. HALT - About "U" Turn - Forward. With the dog sitting in heel position, the team turns $180^{\circ}$ to the left and immediately moves forward. (Stationary exercise) |
|  | 34. * Send Over Jump - Handler Runs By. While moving with the dog in heel position, the handler directs the dog to take the jump, as the handler runs by the jump. When the dog has completed the jump, it is called to heel position and the team continues to the next exercise. |
|  | 35. HALT - Turn Right One Step - Call to Heel - HALT. With the dog sitting in heel position, the handler commands the dog to wait or stay. The handler then turns to the right, while taking one step in that direction, and halts. The dog is called to sit in heel position in the new location before moving forward to the next station.(Stationary exercise) |
|  | 36. HALT - Stand - Walk Around Dog. With the dog sitting in heel position, the handler will stand the dog, command the dog to stay and walk around the dog to the left, returning to heel position. The handler must pause in heel position before moving forward to the next station. In the Advanced class, the handler may touch the dog, move forward to stand the dog, and may pose the dog as in the show ring. (Stationary exercise) |


| 37. HALT - 90 Pivot Right - HALT. With the dog sitting in heel position, the <br> team pivots 900 to the right, halts, the dog sits and then moves forward. <br> (Stationary exercise) |
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| 38. HALT - 900 Pivot Left - HALT. With the dog sitting in heel position, the <br> team pivots 900 to the left, halts, the dog sits and then moves forward. <br> (Stationary exercise) |
| 39. Offset Figure 8. This exercise requires two pylons, posts or people placed <br> about 8 - 10 feet apart, around which the team will perform a complete <br> Figure 8. Two distractions will be arranged to the sides of the Figure 8 <br> about 5 - 6 feet apart. Entry may be between the pylons, posts or people <br> and the distraction on either side (See 3A and 3B). The distractions will <br> consist of two loosely covered, but secure, containers with tempting dog <br> treats; however, dog toys may replace one or both containers, or may be <br> placed next to the containers. Exercise sign may be placed on or near the <br> cone where entry is made into the Offset Figure 8. |

## Exercises that may be used in the Excellent Class only

|  | 46. HALT - Stand - Down. With dog sitting in heel position, the handler will stand the dog (without physical handling), then commands the dog to down. The handler then commands the dog to heel forward from the down position. (Stationary exercise) |
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|  | 47. HALT - Stand - Sit. With dog sitting in heel position, the handler will stand the dog (without physical handling), then commands the dog to sit. (Stationary exercise) |
|  | 48. Moving Stand - Walk Around Dog. While heeling and with no hesitation, the handler will stand the dog, leave and walk around the dog to the left, returning to heel position. The handler must pause in heel position before moving forward to the next station. (Stationary exercise) |
|  | 49. Back Up 3 steps - Dog Stays in Position. While heeling, the handler reverses direction walking backward 3 steps, without first halting, then continues heeling forward. The dog moves backward with the handler and maintains position throughout the exercise without sitting. |
| Honor | 50. Honor. This exercise will be performed on leash. Dog and handler will enter through the exit gate, or may proceed directly to the Honor Station after completing the Excellent Course. The judge will designate whether the dog is to perform a sit-stay or a down-stay, which shall be for the duration of time it takes for the next dog to run the entire course. The judge will, also, designate whether the handler will stand next to the dog or stand facing the dog during the Honor exercise. All dogs in the class will perform the exercise in the same manner. The Honor dog will be monitored and scored by a steward, as directed by the Judge. |

